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Citation for published version:

Sanchez-Juan, P, Bishop, MT, Croes, EA, Knight, RS, Will, RG, van Duijn, CM & Manson, JC 2011, 'A polymorphism in the regulatory region of PRNP is associated with increased risk of sporadic Creutzfeldt-Jakob disease', *BMC Medical Genetics*, vol. 12, no. 73. <https://doi.org/10.1186/1471-2350-12-73>

Digital Object Identifier (DOI):

[10.1186/1471-2350-12-73](https://doi.org/10.1186/1471-2350-12-73)

Link:

[Link to publication record in Edinburgh Research Explorer](#)

Document Version:

Publisher's PDF, also known as Version of record

Published In:

BMC Medical Genetics

Publisher Rights Statement:

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RESEARCH ARTICLE

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A polymorphism in the regulatory region of *PRNP* is associated with increased risk of sporadic Creutzfeldt-Jakob disease

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Abstract

Background: Creutzfeldt-Jakob disease (CJD) is a rare transmissible neurodegenerative disorder. An important determinant for CJD risk and phenotype is the M129V polymorphism of the human prion protein gene (*PRNP*), but there are also other coding and non-coding polymorphisms inside this gene.

Methods: We tested whether three non-coding polymorphism located inside the *PRNP* regulatory region (C-101G, G310C and T385C) were associated with risk of CJD and with age at onset in a United Kingdom population-based sample of 131 sporadic CJD (sCJD) patients and 194 controls.

Results: We found no disease association for either *PRNP* C-101G or *PRNP* T385C. Although the crude analysis did not show a significant association between *PRNP* G310C and sCJD (OR: 1.5; 95%CI = 0.7 to 2.9), after adjusting by *PRNP* M129V genotype, it resulted that being a C allele carrier at *PRNP* G310C was significantly ($p = 0.03$) associated with a 2.4 fold increased risk of developing sCJD (95%CI = 1.1 to 5.4). Additionally, haplotypes carrying *PRNP* 310C coupled with *PRNP* 129M were significantly overrepresented in patients ($p = 0.02$) compared to controls. Cases of sCJD carrying a *PRNP* 310C allele presented at a younger age (on average 8.9 years younger than those without this allele), which was of statistical significance ($p = 0.05$). As expected, methionine and valine homozygosity at *PRNP* M129V increased significantly the risk of sCJD, alone and adjusted by *PRNP* G310C (OR MM/MV = 7.3; 95%CI 3.9 to 13.5 and OR W/MV = 4.0; 95%CI 1.7 to 9.3).

Conclusions: Our findings support the hypothesis that genetic variations in the *PRNP* promoter may have a role in the pathogenesis of sCJD.

Keywords: Creutzfeldt-Jakob disease prion protein gene, molecular subtype, regulatory region, early onset

Background

The polymorphism coding for methionine (M) or valine (V) at codon 129 of the prion protein gene (*PRNP* M129V) plays a pivotal role in the susceptibility to Creutzfeldt-Jakob disease (CJD), influencing familial, transmitted and sporadic forms of the disease [1]. Moreover, the *PRNP* M129V genotype, in combination with the type of disease-associated prion protein (PrP^{Sc}) deposited in the brain, is a strong modulator of the clinical phenotype of sporadic [2-6] and genetic forms [7]

and also susceptibility to variant CJD (vCJD). All vCJD cases studied to date have been methionine homozygous at this locus [8]. A recent genome wide association analysis performed primarily with vCJD samples showed that *PRNP* locus was strongly associated to disease risk across several markers, the main contribution being conferred by *PRNP* M129V [9].

Transgenic animal models [10,11] and cattle studies [12,13] suggest that the level of expression of *PRNP* has a significant influence on the incubation period of the disease. This finding has led to the hypothesis that variations in the regulatory region of *PRNP*, which may lead to an increased expression of the gene, may influence susceptibility and age at onset in sporadic CJD,

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independent of the influence of *PRNP* M129V. In a previous study we defined the *PRNP* regulatory region, and identified three infrequent single nucleotide polymorphisms (SNPs), *PRNP* C-101G, located upstream of the transcription start site, and two intronic SNPs: *PRNP* G310C and *PRNP* T385C. An initial association study carried out in 25 sporadic CJD (sCJD) and 77 controls showed that a subgroup that carried any of the rare alleles in the regulatory region had an increased risk for sCJD [14]. In addition, a subsequent genetic association study performed on 45 sCJD and 117 controls found an increased risk for *PRNP* M129V heterozygotes carrying the *PRNP* -101G allele [15]. All three regulatory region SNPs, which are within 486 bp, are included in an LD block; pair wise LD: C-101G and G310C ($D' = 1$), C-101G and T385C ($D' = 0.94$), G310C and T385C ($D' = 1$). Based on our initial results, we genotyped these three *PRNP* regulatory region SNPs in an independent population of 131 sporadic CJD patients and 194 healthy controls from the UK in order to assess association with the disease.

Methods

Cases were derived from a population-based survey of CJD in the UK carried out by the UK National CJD Surveillance Unit [16]. Those with DNA available from 1991 to 2003 were selected for the study. Only patients with sCJD who fulfilled the WHO diagnostic criteria for definite or probable CJD were included. Definite sCJD diagnosis was based on neuropathological examination. Probable cases required an appropriate clinical profile, supported by characteristic findings on EEG or CSF 14-3-3-protein detection [17]. Whenever possible, all EEGs were reviewed by a member of the surveillance system and scored for the presence or absence of typical or characteristic diagnostic features [18]. The CSF 14-3-3 immunoassays were performed using Western-blotting [19]. Randomly selected anonymous blood donors formed the control group; they were collected from two geographical areas in the UK; one in Northern Ireland (Belfast) and one in Scotland (Edinburgh). None of the cases or controls was included in the previous study. Demographical and clinical data were collected for patients. Information on PrP^{Sc} type was included in the database when available.

The three *PRNP* regulatory region SNPs and *PRNP* M129V were genotyped in cases and controls as described in a previous article [14]. Hardy Weinberg proportions were assessed. Firstly, we tested the association between being a carrier of the rare alleles of the three *PRNP* regulatory region SNPs and the risk of developing the disease. Odds ratios (OR) and 95% confidence intervals (CI) were calculated using logistic regression and adjusted for *PRNP* M129V genotype.

Secondly, using Haploview v3.2 software <http://www.broad.mit.edu/mpg/haploview> we assessed linkage disequilibrium (LD) between the *PRNP* regulatory region SNPs and *PRNP* M129V; haplotype frequencies were calculated and compared between cases and controls. Permutation test was used in order to control for multiple comparisons. Finally, we compared differences in age at onset between CJD cases with and without the *PRNP* regulatory region rare alleles associated to disease risk. Fitting a general linear model, we assessed the differences in age at disease onset between cases, carriers versus non-carriers, adjusted by the molecular subtype (the combination of *PRNP* M129V genotype and PrP^{Sc} type), which is a strong modulator of age at onset [4,6].

Signed informed consent to participate in genetic research was obtained from all controls and patients relatives. The protocols of the studies were approved by the local medical ethical committees.

Results

A general description of the 131 cases included in this study is given in Table 1. There was a non-statistically significant predominance of women. For most of the patients

(n = 110 (84%)) the diagnosis was neuropathologically confirmed. The molecular classification of the case cohort showed a predominance of the MM1 subtype (53%), corresponding to the classical disease phenotype [4,6]. The most sensitive diagnostic test was the 14-3-3 immunoassay (90%).

One of the regulatory region SNPs (*PRNP* T385C) deviated significantly from Hardy Weinberg proportions ($p < 0.001$) in controls and therefore it was excluded for haplotype analysis. *PRNP* C-101G, *PRNP* C310G and

Table 1 Overall descriptives of sporadic CJD patients (n = 131)

Characteristic	
Gender: female (%)	77 (58.8)
Diagnosis classification: definite (%)	110 (84.0)
Mean age at onset (years) \pm SD	65.6 \pm 9.5
Mean duration of disease (months) \pm SD	6.6 \pm 7.0
Molecular subtype	
MM1 (%)	33 (53.2)
MM2 (%)	4 (6.5)
MV1 (%)	1 (1.6)
MV2 (%)	8 (12.9)
VV1 (%)	2 (3.2)
VV2 (%)	14 (22.6)
Clinical characteristics:	
Typical EEG/total EEGs (%)	50/125 (40.0)
Positive MRI/total MRIs (%)	12/28 (42.9)
Positive CSF 14.3.3 test/total tests (%)	46/51 (90.2)

Table 2 Overall distribution of *PRNP* regulatory region rare alleles and risk of sporadic CJD

<i>PRNP</i> SNP	Cases (%)	Controls (%)	OR (95% CI)	<i>P</i> -value	OR (95% CI) *	<i>P</i> -value*
-101G carriers	28 (22.8)	25(20.3)	0.9 (0.5-1.6)	0.64	0.98 (0.52-1.83)	0.95
-101G non carriers	95 (77.2)	98 (79.7)				
310C carriers	17(13.0)	18 (9.3)	1.5 (0.7-2.9)	0.30	2.4 (1.1-5.4)	0.03
310C non carriers	114 (87.0)	176 (90.7)				
385C carriers	5 (4.3)	7 (5.4)	1.3 (0.4-4.1)	0.70	0.69 (0.21-2.29)	0.54
385C non carriers	111 (95.7)	123 (94.6)				

* Adjusted by *PRNP* M129V polymorphism

PRNP M129V were all within Hardy Weinberg equilibrium in the control group ($p = 0.7$, $p = 0.4$ and $p = 0.5$ respectively). In the sCJD group *PRNP* M129V genotypic distribution deviated as expected significantly ($p < 0.001$) from Hardy Weinberg proportions. We found that all three SNPs were linked to *PRNP* M129V ($C-101G D' = 1$; $C310G D' = 0.57$; $T385C D' = 0.72$).

The presence of the G allele of *PRNP* C-101G, or C allele at *PRNP* T385C, was not associated with sCJD in either crude or adjusted analyses. Although the crude analysis did not show a statistically significant difference between the proportions of *PRNP* 310C carriers in both groups (OR: 1.5; 95%CI = 0.7 to 2.9; $p = 0.3$), after adjusting by *PRNP* M129V genotype we found a significant association between this regulatory region SNP and the risk of sCJD. Being a C allele carrier at *PRNP* G310C was significantly ($p = 0.03$) associated with a 2.4 fold increased risk of developing sCJD (95%CI = 1.1 to 5.4) (Table 2).

Methionine and valine homozygosity at *PRNP* M129V increased significantly the risk of sCJD, in the crude analysis (OR MM/MV = 4.3; 95%CI 2.5 to 7.2 and OR VV/MV = 2.9; 95%CI 1.3 to 6.3) and adjusted by *PRNP* G310C (OR MM/MV = 7.3; 95%CI 3.9 to 13.5 and OR VV/MV = 4.0; 95%CI 1.7 to 9.3).

The distribution of *PRNP* G310C, stratified by *PRNP* M129V genotypes, showed in all three strata a trend to a higher proportion of individuals with *PRNP* 310C allele in the sCJD cases than in the control group; this difference was highest and of statistical significance ($p = 0.04$) in the MM group (OR = 7.2; 95%CI 0.9 to 58.8) (Table 3). Haplotype analysis showed that combinations

carrying the wild type allele *PRNP* 310G coupled with *PRNP* 129 M were significantly overrepresented in cases, versus those carrying *PRNP* 129V which were more common in controls, reflecting the fact that *PRNP* 129 M is a risk allele for sCJD. Haplotypes carrying the mutant allele *PRNP* 310C were very rare (6% in cases and 4% in controls), but when coupled with *PRNP* 129 M the combination was significantly overrepresented in cases (Table 4).

When we assessed differences in the age at onset between sCJD patients who were carriers and non carriers of the *PRNP* 310C allele, we found a statistically significant ($p = 0.05$) association. Patients carrying the *PRNP* 310C allele presented with disease at an earlier age, being on average 8.9 years younger than non-carriers (Table 5). Table 5 shows that the decrease in age at onset was independent of the molecular subtype. The differences were more pronounced in the MM1 and VV1 strata although in the latter only one patient carried the *PRNP* 310C allele. The numbers of patients were too low and the differences across each molecular subtype strata were not statistically significant, but when we tested the overall means adjusted by molecular subtype this difference was statistically significant ($p = 0.05$) (Table 5).

Discussion

The genetics of sCJD are exceptional in that homozygotes of both *PRNP* M129V alleles are at increased risk of the disease. The protective effect of the *PRNP* codon 129 MV genotype (47.2% of the controls versus 18.3% of cases) and the predominance of the *PRNP* 129 MM

Table 3 Distribution of *PRNP* 310C allele, stratified by *PRNP* M129V genotypes, and risk of sporadic CJD

<i>PRNP</i> M129V genotype	<i>PRNP</i> SNP	Cases (%)	Controls (%)	OR (95% CI)	<i>P</i> -value*
Methionine/methionine	310C Carriers	8 (8.2)	1 (1.2)	7.2 (0.9-58.8)	0.04
	Non carriers	90 (91.8)	81 (98.6)		
Methionine/valine	310C Carriers	4 (23.5)	12 (13.0)	2.1 (0.6-7.3)	0.27
	Non carriers	13 (76.5)	80 (87.0)		
Valine/valine	310C Carriers	5 (31.3)	5 (25.0)	1.4 (0.3-5.9)	0.72
	Non carriers	11 (68.8)	15 (75.0)		

*Two sided Fisher's exact test

Table 4 Multilocus analysis

PRNP SNPs			Frequency		p-value	Permutation p-value
-101	310	129	Cases	Controls		
C	G	M	0.66	0.57	0.01	0.035
C	G	V	0.17	0.30	<0.001	<0.001
G	G	M	0.10	0.09	0.58	0.990
C	C	V	0.03	0.03	0.68	0.980
C	C	M	0.03	0.007	0.02	0.067

genotype in sCJD patients (70.4% of cases) implies that the proportion of valine alleles is lower in cases (20.4%) than in controls (33.8%), therefore in our population *PRNP* 129 M is as expected a risk allele for sCJD.

There are two important findings in this study. Firstly, we found a significant association between the regulatory SNP *PRNP* G310C and the risk of sCJD. Being a carrier of the *PRNP* 310C allele increased the risk of developing the disease 2.4 fold. However, this association was only apparent when we adjusted for the *PRNP* M129V genotype. Secondly, those patients who carried the *PRNP* 310C allele presented with disease at an earlier age.

In agreement with our multivariate analysis, the stratified analysis of *PRNP* G310C across the *PRNP* M129V genotypes showed a trend in all three strata to a higher proportion of individuals with *PRNP* 310C allele in the sCJD cases than in the controls. However, the MM individual carriers of *PRNP* 310C presented a higher risk than the MV and VV individuals who also carried *PRNP* 310C (MM group OR = 7.2 versus MV group OR = 2.1 and VV group OR = 1.4), reaching nominal statistical significance (Table 3). Although the *p*-value for the interaction term was not statistically significant in the logistic regression model, the stratified analysis suggests a non-additive relationship between *PRNP* 310C and *PRNP* 129 M. An interaction between the effects associated to the two SNPs is in line with the fact that the *PRNP* 310C allele coupled *PRNP* 129 M is more often found (4.4 fold) in cases than in controls, and may also explain why the relationship between *PRNP* G310C and

sCJD only becomes significant after adjustment by *PRNP* M129V.

We found that the *PRNP* G310C polymorphism may influence the age at onset of disease. Patients with sCJD carrying the *PRNP* 310C allele presented at an earlier age, being on average 8.9 years younger than non-carriers. This difference was of borderline statistical significance (*p* = 0.05). In the analysis stratified by molecular subtypes, the highest difference in age at disease onset between *PRNP* 310C carriers and non-carriers was found in the MM1 group which would also support the hypothesis of an interacting effect between *PRNP* 310C and *PRNP* 129 M alleles.

Our finding of an association between the *PRNP* G310C, which is a SNP located in the regulatory region of the gene, and an increased risk and earlier age at onset of sCJD, might suggest that the mutant *PRNP* 310C allele may increase the expression of *PRNP*. According to the stochastic protein conformational change theory, the risk of developing CJD may increase proportionally with the level of the *PRNP* product, the cellular prion protein (PrP^C) available [20]. This hypothesis is in line with experimental studies in animals. Transgenic mice models indicate that the level of expression of *PRNP* determines the length of the incubation period following inoculation with infectious material. Mice over-expressing murine *Prnp* have shorter incubation periods [10]. A similar relationship is observed in mice with decreased levels of PrP^C. Animals with only one functional copy of murine *Prnp* consistently have longer incubation periods than wild-type mice when inoculated with the same agent [11]. In addition, a study in inbred mice has identified three loci on chromosomes 2, 11 and 12, that significantly influence the incubation period. The *Prnp* region in mice, located on chromosome 2, mapped for a peak lod score of 8.2. The mice studied were all identical for the PrP^C amino acid sequence, suggesting that the regulatory region of this gene may play an important role in the length of the incubation period [21].

The molecular subtype of sCJD patients, determined by the combination of the PrP^{Sc} type (type 1 or 2A)

Table 5 Mean age at onset ± standard errors of sporadic CJD patients across molecular subtypes and *PRNP* 310C allele distribution

Molecular subtype	PRNP 310C carriers	N	PRNP 310C non carriers	N	Mean difference (Years)	p-value
MM1	57.7 ± 8.1	2	67.9 ± 9.1	31	-10.2	0.1
MM2	-	-	53.8 ± 6.9	4	-	-
MV1	-	-	78.1	1	-	-
MV2	64.8	1	66.2 ± 5.4	7	-1.4	0.8
VV1	41.0	1	64.0	1	-23	-
VV2	64.3 ± 10.5	4	64.8 ± 11.2	10	-0.5	0.9
Overall means*	56.9 ± 3.8	8	65.8 ± 2.4	54	-8.9	0.05

* Adjusted by molecular subtype (*PRNP* M129V and PrP^{Sc} type)

with the *PRNP* M129V genotype, is a strong modulator of age at disease onset [4,6]. For example in our cohort, in MM or MV type 1 cases the disease developed at age 67 years on average whereas the mean age at onset in VV type 1 cases was 52 years ($p = 0.004$). Despite these trends, in all molecular subtypes except the MV1 group (in which there were only three cases), there are cases with symptom onset at an age of less than 50 years (data not shown). This suggests that although molecular subtype is an important determinant of age at onset, there are other influencing factors. Although numbers of cases are limited in our study, it is interesting that within each molecular subtype, on average, carriers of the *PRNP* 310C allele are younger at onset than non-carriers.

A possible source of bias in our study is the use as controls of randomly selected anonymised blood donors who are not matched for age or sex with the patients. For example, if the distribution of the genotypes studied differed with age this would introduce bias. However, it has been published that this is not the case and the distribution of the *PRNP* M129V genotypes does not differ with gender or age [22].

Conclusion

We have partially replicated our previous study results [14] in an independent UK case control population. Our analyses offer new evidence for the association of a *PRNP* regulatory region SNP (*PRNP* 310C) with risk and earlier age at disease onset of sCJD. Although *PRNP* 310C is a rare allele, and is not present in the majority of patients with sCJD, our findings may offer a new insight into the elusive aetiology of CJD. The results of our study would suggest that a *PRNP* dosage effect could play a role in the causal pathway of sCJD. Nevertheless, we have to emphasize that these conclusions are based on the assumption that *PRNP* 310 is associated to PrP gene expression due to the fact that it is located inside the gene regulatory region. Therefore, functional studies to assess the effect of the *PRNP* 310C allele should be carried out as a test for this hypothesis.

Acknowledgements

The authors would like to thank all the families of the patients. This study was funded by a grant no. 121-7408 from the Department of Health. The Dutch Ministry of Health, Welfare and Sports supports the CJD surveillance in The Netherlands, which includes monitoring and scientific research. The CJD surveillance in The Netherlands and the UK National CJD Surveillance Unit are part of the European Creutzfeldt-Jakob Disease Surveillance network (EUROCD) which is funded by (DG SANCO) - 2003201and NeuroPrion (Network of Excellence) - FOOD CT 2004 506579. Pascual Sanchez-Juan was supported by grant from FIS (PI080139).

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Authors' contributions

MTB and JCM performed the genetic studies and reviewed critically the manuscript. PSJ performed the statistical analyses and drafted the manuscript. EAC, RSGK, RGW, CMVD reviewed critically the manuscript. All authors read and approved the final manuscript.

Competing interests

The authors declare that they have no competing interests.

Received: 3 February 2011 Accepted: 22 May 2011

Published: 22 May 2011

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Pre-publication history

The pre-publication history for this paper can be accessed here:
<http://www.biomedcentral.com/1471-2350/12/73/prepub>

doi:10.1186/1471-2350-12-73

Cite this article as: Sanchez-Juan et al.: A polymorphism in the regulatory region of *PRNP* is associated with increased risk of sporadic Creutzfeldt-Jakob disease. *BMC Medical Genetics* 2011 **12**:73.

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